

SHINGLES VACCINATION

From 1st September 2013, the NHS is offering a vaccination against shingles, a painful skin disease caused by the chickenpox virus. The vaccination is in the form of a single injection of the vaccine 'Zostavax' in the upper arm. The protection is on offer free to patients aged 70 to 79. The vaccine should prevent the disease in most cases. If a vaccinated patient should be unlucky enough to contract shingles, the severity and duration of the disease should be considerably lessened.

Members wishing to know more should contact their GP for further details.

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